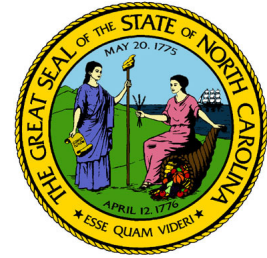




Rep. Ruth Samuelson

Online with Ruth

418B Legislative Office Building
Raleigh, NC 27603-5925
(919) 715-3009 – ruths@ncleg.net



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LEGISLATIVE UPDATE

Raleigh, NC

Friends,

Current economic and political events have undoubtedly impacted your sense of confidence and clarity about the future. We've heard both sides of the story. We know some of our friends and clients are getting hit hard, and we know others are doing better than ever.

In turbulent times, there are certain ways of thinking that work better than others. I've been helped recently by the suggestions in the attached a pdf of "The Scary Times Success Manual" so I thought I would share it with you. In this Strategic Coach presentation, Dan Sullivan outlines ten strategies for transforming negativity and unpredictability into opportunities for growth, progress, and achievement. Dan is a friend of mine and would be happy for you to share this with your friends if you find it helpful. Remember: When times are scary, people are looking for leadership. Now, more than ever, you have the opportunity to instill confidence in your circle of influence.

I hope this encourages you as it did me.

http://www.strategiccoach.com/ideas/stsm_index.shtml

On a more legislative note, the Environmental Review Commission meets this Thursday, October 9th in Raleigh. We will be hearing a number of annual environmental reports required by legislation. Among the many topics we will study are: allocation of surface water resources and their availability and maintenance in the State, creating a map of the major river basins and sub basins, automotive emissions standards and issues relating to coastal hazard disclosure.

In addition to the Environmental Review Commission, I recently was appointed to the House Select Committee on Compensation for Victims of the Eugenics Sterilization Program. This committee will have its first meeting on Thursday. It should be an interesting discussion.

Please feel free to contact us with any concerns or comments you may have. We look forward to hearing from you. You can reach us at our Raleigh number at (919) 715-3009 or you can email us at ruths@ncleg.net or samuelsonla@ncleg.net

Best wishes,

Representative Ruth Samuelson
District 104, Mecklenburg County